



Attention

Please help us keep a safe environment for our clients with the following principles:

- 1) If you have or have had cold or flu symptoms in the past 2 weeks please stay at home and call us to discuss your situation
- 2) If you have been in contact with anyone diagnosed with COVID please stay at home and call us to discuss your situation
- 3) Please follow good hand hygiene entering and during your time in our office
- 4) Please respect physical distancing while in the office to the best of your ability

Thank you for helping us do our best to provide a safe, comfortable, joyful and healing environment!

**We look forward to seeing you soon,
The Vida Chiropractic Team**